



Backpack Participant Approval Form

Please complete this questionnaire and return it to your trip leader within 30 days.

Be as detailed as possible with your answers. Each participant, regardless of age, must fill out a separate form.

Use another sheet of paper if additional space is needed.

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Home: (____) _____ Work: (____) _____

E-mail Address: _____ Date of Birth: _____

- Have you been on a Sierra Club trip before? Yes No If yes, please list the most recent trip(s) including trip types, dates, trip names, locations and leaders.

 - What personal trips with related experience have you taken? Include dates, locations and distances.

 - What is the longest amount of time you have camped out?

 - Describe your high altitude experience.

 - Detail your regular physical activities and exercise program. What physical conditioning will you do to prepare yourself for this trip?

 - Describe your general physical condition:
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- Why are you interested in this trip?

 - Describe your equipment (brand/model/condition):
 - ◇ Sleeping Bag –

 - ◇ Backpack –

 - ◇ Tent –

 - ◇ Boots –